



# The Sunrise-Sunset Group of Alcoholics Anonymous

**JUNE  
2014**

[www.SunriseSunsetGroup.org](http://www.SunriseSunsetGroup.org)

### Thursday Speakers

5th **Thomas H.**

12th **Ilene W.**

19th **Lance R.**

26th **Carla R.**

### Saturday Speakers

7th **Mike F.**  
Trad. 4-5-6

14th **Hanna G.**  
Step 1

21st **Mike C.**  
Step 1

28th **Carrie W.**  
Step 2

### Tuesday Leaders

3rd **Belinda T. \***

10th **Steven V. \***

17th **Lisa S. \***

24th **TBA \***

\* visit our website at  
[SunriseSunsetGroup.org](http://SunriseSunsetGroup.org)  
for more information

THE SUNSET GROUP  
5056 Van Nuys Blvd., Sherman Oaks  
Thursday 7:00-8:30pm



THE SUNRISE GROUP BIG BOOK STEP STUDY  
SpiritWorks, 260 North Pass Avenue, Burbank  
Saturday 8:15-9:30am

THE SUNSET GROUP BIG BOOK STUDY  
11031 Camarillo Street, North Hollywood  
Tuesday 7:00-8:00pm



People come into your life for a reason, a season, or a lifetime. When you figure out which it is, you know exactly what to do.

When someone is in your life for a REASON, it is usually to meet a need you have expressed outwardly or inwardly. They have come to assist you through a difficulty, to provide you with guidance and support, to aid you physically, emotionally, or spiritually. They may seem like a godsend, and they are. They are there for the reason you need them to be. Then, without any wrong doing on your part or at an inconvenient time, this person will say or do something to bring the relationship to an end. Sometimes they die. Sometimes they walk away. Sometimes they act up or out and force you to take a stand. What we must realize is that our need has been met, our desire fulfilled; their work is done. The prayer you sent up has been answered and it is now time to move on.

When people come into your life for a SEASON, it is because your turn has come to share, grow, or learn. They may bring you an experience of peace or make you laugh. They may teach you something you have never done. They usually give you an unbelievable amount of joy. Believe it! It is real! But, only for a season.

LIFETIME relationships teach you lifetime lessons; those things you must build upon in order to have a solid emotional foundation. Your job is to accept the lesson, love the person/people (anyway); and put what you have learned to use in all other relationships and areas of your life. It is said that love is blind but friendship is clairvoyant.

- Editor

The **speaker was going on and on**. A man in the fifth row stood up and walked out. As the speaker was winding up, the man returned. After the meeting, the speaker asked the man where he went. "I went for a haircut," he said. "A haircut? Why didn't you get a haircut before the meeting started?" The man replied, "I didn't need a haircut before the meeting started."

Jay C., June 2002



"I know you don't want anything to upset your serenity dear, but the house is on fire."

An excerpt from "A Rabbit Walks into a Bar: Best Jokes & Cartoons from AA Grapevine"

The San Fernando Valley Central Office is at 7417 Van Nuys Boulevard Suite E, Van Nuys, CA 91405, 818-988-3001 (sfvaa.org).  
The Sunrise and Sunset Group and meetings are in District 17 (www.district17aa.org) of Central California (www.aaareg93.org).

If you would like to add to this newsletter please contact the editor at [SunriseSunsetGroup@gmail.com](mailto:SunriseSunsetGroup@gmail.com)